

**BY-LAWS OF
OUR LADY OF LOURDES SCHOOL
ATHLETIC ASSOCIATION**

September 2025

By-Laws

Article I	Name
Article II	Mission Statement and Philosophy
Article III	Purpose and Function
Article IV	Executive Board
Article V	Meetings
Article VI	Budget
Article VII	Duties of the Executive Board
Article VIII	Duties of the Coaches
Article IX	Duties of the Athletes
Article X	Duties of the Parents
Article XI	Team Composition
Article XII	Playing Time
Article XIII	Games and Practices
Article XIV	Academic Guidelines
Article XV	Ejections
Article XVI	Athletic Fees
Article XVII	Uniforms
Article XVIII	Use of Property
Article XIX	Grievances and Appeals
Article XX	Amendments
Article XXI	Scholarships

ARTICLE I

Name

The name of this body shall be Our Lady of Lourdes Athletic Association, hereafter referred to as "OLLAA".

ARTICLE II

Mission Statement and Philosophy

We believe that the mission of this association is to cooperatively assist the school, family, and Church with the physical development of the children affiliated with our school. We believe that intellectual, spiritual, and moral development is the foremost purpose of our school and must take priority over the activities of this association. The Athletic Association, as an inherent part of the total school community, subscribes to the philosophy of Our Lady of Lourdes School. We believe that, through athletic competition we encourage sportsmanship and fellowship, promote teamwork, and nurture physical fitness. It is therefore our goal to maintain an enthusiastic and positive attitude while teaching the fundamentals of sport, and aid our school children in becoming quality Christians in all athletic endeavors. This development is just part of the whole individual and no individual is greater than the whole.

ARTICLE III

Purpose and Function

It shall be the purpose and function of OLL AA to promote, encourage, organize, sponsor, coach, manage, and direct the athletic teams of this parish. The athletic activities will include all intramural sports teams sponsored by Our Lady of Lourdes. All officers and members of OLLAA will be expected to emphasize the well-being and instruction of the youth participants as the first and overriding priority taking into consideration the health, welfare, and ability of each individual.

ARTICLE IV

Executive Board

- A. The Executive Board shall consist of at least a ten-member board. There shall be four officers and unlimited members-at-large. The officers shall include the President, Vice-President, Secretary, and Treasurer. The concession stand and each sport shall have a coordinator. These shall include the Concession Stand Coordinator, Basketball Coordinator, Volleyball Coordinator, and Cheerleading Coordinator.
- B. The Executive Board shall be responsible for the operation of the OLLAA. A majority vote of those present or by proxy, if there is a quorum, shall be sufficient to carry any motion before said Board. (See ARTICLE V, Section B, for quorum)
- C. The Executive Board shall have the authority to:

1. Establish, publish, and implement rules and regulations necessary to promote and conduct the activities of OLLAA.
 2. Levy such fees as may be necessary to promote and conduct the activities of OLLAA.
 3. Create subsidiary committees to aid in administering the various activities of OLLAA.
 4. Dismiss any person whose activities might be termed detrimental to, or inconsistent with, the by-laws, Code of Conduct, and/or the basic principles of OLLAA.
- D. The Executive Board will abide by the Archdiocese of St. Louis Code of Ethical Conduct for Clergy, Employees, and Volunteers Working with Minors.
 - E. The Executive Board must attend any child abuse awareness or other training as required by the parish or Archdiocese for volunteers who work closely with parish youth.
 - F. The Executive Board shall at all times observe all local, state and federal laws which apply to non-profit organizations as defined in Article 501(c)(3) of the Internal Revenue Code.
 - G. Elections shall be held annually to fill any vacancies existing each year. A majority vote of those present is required for new members. The new members shall begin their term on the first of June.
 - H. Information on vacant Executive Board positions may be published in the parish bulletin. All parishioners are encouraged to contact the Executive Board if they are interested in becoming a member.
 - I. Members of the Executive Board may not be a member of any organization that governs over the Executive Board. Executive Board members that are related to a coach or related to another board member will be excused from all discussions and votes regarding sensitive matters that directly involve their family member.
 - J. The terms of the Elected Officer shall be two years, with an expectation to remain on the board a third year to train and/or advise incoming Executive members. All Elected Officers may succeed themselves with a majority vote.
 - K. In the event a vacancy occurs in any office before the first of June, this vacancy shall be filled by a majority vote of the members present at the next meeting.

ARTICLE V

Meetings

- A. A meeting of the members of the Board shall be, at a minimum, held quarterly. The date, time, and place shall be designated by the Executive Board.
- B. 51%, of invited and present, members shall constitute a quorum for the purpose of conducting a general meeting and acting on matters before it.
- C. Special meetings of the Executive Board may be called at any time for any reason deemed necessary. Twenty-four (24) hour notice of every such meeting shall be given to each member of the Board, unless otherwise waived by these members.
- D. Meetings are open, but those who wish to address the meeting must contact the president in advance of the meeting, and speak only during open forum time or when otherwise

designated on the agenda. Closed meetings may be called for if the need for discussion of sensitive issues arises.

- E. There will be one annual mandatory meeting for parents at the beginning of each sports season. The OLLAA officers and members will be introduced at this meeting and all expectations for parents, players, and coaches for the upcoming sports season will be covered. Other agenda items may be added if deemed necessary by the Board.
- F. A meeting for all coaches who participate within OLLAA shall be held prior to the start of their specific sport each year.

ARTICLE VI

Budget

- A. The OLLAA is funded through revenues from registration fees, admission charges, concessions, tournament fees, fair gate revenue, and general donations.
- B. All money received shall be used to upgrade equipment, uniforms, and playing facilities; for use in funding team tournament fees and referee fees; and to accomplish the aims and goals of the OLLAA.
- C. Purchases exceeding \$500.00 must be approved by the Executive Board by a majority vote. Any equipment and/or capital project purchase exceeding \$1,000 will require a minimum of two quotes. All changes to the building, including locks, must be approved by the pastor.

ARTICLE VII

Duties of the Executive Board

- A. President:
 - 1. Preside at all meetings of the OLLAA.
 - 2. Responsible for the implementation of the OLLAA program and ensuring the policies set by the Executive Board are carried out by each participant in the OLLAA.
 - 3. Approve/deny reimbursement requests from board members, coaches, and/or parents.
- B. Vice-President:
 - 1. Conduct the Association's affairs in absence of the President.
 - 2. Succeed to the office of the President, should this office become vacant.
 - 3. Responsible for all special projects not directly assignable to any other member.
- C. Secretary:
 - 1. Responsible for keeping all books and records of the OLLAA in an organized and concise fashion, including the minutes of the meetings.
 - 2. Provide copies of the meeting minutes to each member.

D. Treasurer:

1. The Treasurer – in conjunction with the Parish Business Manager - shall keep accurate financial records of disbursements and receipts of all money received by the OLLAA and review and reconcile the bank statements monthly.
2. Submit an updated financial report to the Executive Board during each regularly scheduled meeting of the board-.
4. Approve/deny reimbursement requests from board members, coaches, and/or parents.

E. Basketball/Volleyball/Cheerleading Coordinator:

1. Responsible for the operation of each basketball/volleyball/cheerleading team.
2. Attend such meetings necessary to maintain their respective program.
3. Address issues or concerns with parents, coaches, or athletes and act as a liaison between the Executive Board.
4. Schedule officials, judges, games, competitions, practices, and tournaments.
5. Be knowledgeable of the rules and regulations regarding their respective sport.

E. Concession Stand Coordinator:

1. Schedule concession stand workers, admission table workers, and line judges for volleyball.
2. Responsible for ordering products for the concession stand, maintaining a budget, and maintenance and cleaning of the concession stand.

G. Members-at-Large:

1. Perform duties and provide assistance to the officers and coordinators as necessary.

H. Expectations of all OLLAA participants

1. All Board Members, coaches & volunteering parents are to be in full compliance with protecting God's Children. The rectory office can be contacted for more information.

ARTICLE VIII

Duties of the Coaches

- A. All parents are encouraged to volunteer to coach or assist in the various sports offered by OLLAA. Information for available coaching positions may be published in the parish bulletin and emailed to all parents with athletes in the grade in need of a coach.
- B. Coaches will be voted on by the Executive Board and will be reviewed on an annual basis. They must be approved by the parish office prior to the start of practice. Coaches may serve as a member of the Executive Board or serve as a member of any governing body of the Executive Board.
- C. Coaches will be subject to a criminal background check. They must attend the Protecting God's Children Workshop. They must also attend any other child abuse awareness or training as required by the parish or Archdiocese for volunteers who work closely with parish youth.

They must also attend any training or screenings as required by the Catholic Youth Council (CYC).

- D. Coaches are under the auspices of their Sport's Coordinator. They shall operate their team in a manner consistent with the OLLAA mission statement and consistent with its policies. They should be knowledgeable in the sport, hold values in keeping with a Christian environment, and willing to commit the time necessary to coach games and practices as appropriate for the grade level.
- E. Coaches should conduct an informational meeting with the parents to explain their expectations of the players and the parents.
- F. Coaches must conduct themselves in an exemplary manner which respects the dignity of the players and the officials. Any aggressive physical contact or demeaning action towards the players or officials will not be tolerated. Coaches must report all technical fouls received to their Sport's Coordinator.
- G. While the Executive Board is a policy making committee, and should not become involved in the day to day coaching decisions, they do retain the right to do so should an action by the coach be in material and direct contradiction to established policy.
- H. Coaches may schedule additional games and enter additional tournaments upon approval of the OLLAA and the parents. Fees for any additional tournaments shall be the responsibility of the coach and parents of that team unless otherwise decided by the Board.
- I. All sports-related activities require the presence of at least two adults at all times. Coaches should not share locker rooms, shower rooms, or dressing rooms with minors unless another adult is present.
- J. Prudent caution is to be employed regarding physical displays of affection (e.g., hugging or even social rough-housing), language, and topics of conversation used with minors.
- K. Coaches should refrain from giving expensive gifts to minors without prior written approval from the parents or guardians and the pastor or the administrator.
- L. All Board Members, coaches & volunteering parents are to be in full compliance with protecting God's Children. The rectory office can be contacted for more information.

ARTICLE IX

Duties of the Athletes

- A. Athletes are expected to maintain Christian standards of sportsmanship and respect in dealing with players, coaches, officials, parents, and spectators.
- B. Athletes committing to a sport are expected to fulfill that obligation and participate for the entire season, which includes practices. Athletes playing on other outside teams shall make OLL sports their first priority.
- C. Athletes shall exhibit good sportsmanship and positive attitudes during games and practices. Athlete's playing time will be limited due to poor conduct.
- D. Any conduct or action unbefitting a young Christian athlete, disrespect toward authority, property, or rules will not be tolerated. Good sportsmanship and teamwork will be emphasized over winning.

- E. All 5th through 8th grade parishioners that are enrolled in the Parish School of Religion (PSR) or Our Lady of Lourdes School may be eligible to participate in the various sports offered by the OLLAA depending on team composition as determined by the Executive Board. Limited exceptions for students not enrolled in PSR or Our Lady of Lourdes Schools but who attend local Christian schools may be made at the discretion and approval of the Executive Board.

ARTICLE X

Duties of the Parents

- A. Parents are expected to maintain Christian standards of sportsmanship and respect in dealing with officials, coaches, players, other parents, and spectators.
- B. A schedule of workers shall be provided at the beginning of the season for the concession stand and the admission table. It is the expectation that parents will work their assigned shifts; however, in the event a parent finds they are unable to attend, they may make a schedule change by switching shifts with another parent.
- C. Parents will follow established written procedures for opening the concession stand and admission table, performing the routine functions, and closing the concession stand and admission table.
- D. All Board Members, coaches & volunteering parents are to be in full compliance with protecting God's Children. The rectory office can be contacted for more information.

ARTICLE XI

Team Composition

The following guidelines will be followed regarding team composition using information gathered by the registration deadline set each year prior to the scheduling meetings. **These are only recommendations, and it is understood that the Executive Board will review the Team Composition Recommendations each year and make decisions that are deemed in the best interest of the players and coaches for the upcoming season.**

A. Basketball

1. Team composition is based upon class size and participation. Out of necessity, a team may move players up from the grade directly below to make a minimum roster of seven. Player selection shall be based upon review of skill by impartial judges of ability. Players that are moved up shall be held to the same expectations of the players in that grade, and shall also be treated in the same manner regarding playing time. (See ARTICLE XII for playing time)
2. The number of players registered to participate will determine the number of teams required per grade level. Teams will be split into competitive and recreational teams based upon review of skill by an impartial judge of ability.

B. Volleyball

1. Team composition is based upon class size and participation. Out of necessity, a team may move players up from the grade directly below to make a minimum roster of seven. Player selection shall be based upon review of skill by impartial judges of ability. Players that are moved up shall be held to the same expectations of the players in that grade and shall also be treated in the same manner regarding playing time. (See ARTICLE XII for playing time)
2. The number of players registered to participate will determine the number of teams required per grade level. Teams will be split into competitive and recreational teams based upon review of skill by an impartial judge of ability.

ARTICLE XII

Playing Time

- A. 5th & 6th Grade Regular Season Games
 1. The emphasis for play should be on fair and instructional playing time. The amount of playing time for each regular season game should be as equal as possible. The equal playing time rule applies to all players who arrive on time, attend each practice, and display a good attitude at all times. Each coach will have their own procedure for handling tardiness, attendance, and attitude issues.
- B. 5th & 6th Grade Tournament Games
 1. Equal playing time is not required in non-CYC tournament games. Each player must play in every game of the tournament, but their playing time may not be equal.
- C. 7th & 8th Grade Regular Season Games
 1. The emphasis advances to a progression of competitive play. The amount of playing time for each regular season game should be as close to 25% as possible. The 25% playing time rule applies to all players who arrive on time, attend each practice, and display a good attitude at all times. Each coach will have their own procedure for handling tardiness, attendance, and attitude issues.
- D. 7th & 8th Grade Tournament Games
 1. 25% playing time is not required in non-CYC tournament games. Each player must play in every game of the tournament, but their playing time may not be 25%.

ARTICLE XIII

Games and Practices

- A. Games scheduled on a school night shall begin no later than 8:30 p.m. Each team will be limited to two practices per week for ninety (90) minutes each.
- B. The maximum number of regular season games that may be scheduled for the 7th and 8th grade is thirty (30) per team. This includes regular season tournament games.
- C. The maximum number of regular season games that may be scheduled for the 5th and 6th grade is twenty-five (25) per team. This includes regular season tournament games.

- D. If a coach seeks to exceed these stated maximums in a season, approval by the Board or Coordinator of the Sport must be obtained.
- E. Students will not be allowed to participate in athletic events on any day they are absent from school due to an illness.

ARTICLE XIV

Academic Guidelines

- A. An athlete's first priority is academics. The Athletic Association and team coaches will abide by the academic policies set forth by the Our Lady of Lourdes School Board. This includes enforcing suspensions from athletic activities due to poor grades or unacceptable conduct.
- B. Any athlete who is suspended from athletic activities because of the school's grade policy may, but shall not be required to:
 - 1. Attend, but not participate in any games.
 - 2. Dress out in their uniform and sit on the bench for all games.
 - 3. Attend and participate in all practices.

ARTICLE XV

Ejections

- A. The ejection of a manager, coach, parent, or athlete from a game shall be reported immediately to the Sport's Coordinator. It will be the responsibility of the Coordinator to acquire facts of the ejection and present such facts to the Executive Board immediately.
- B. Any ejected person will be prohibited from participating in all games or practices until the Executive Board determines the appropriate action to be taken, including dismissal from participation in the Our Lady of Lourdes' athletic program.

ARTICLE XVI

Athletic Fees

- A. There is a registration fee per player per sport required to participate in sports at Our Lady of Lourdes. Late registrations may or may not be accepted. If it is agreed upon by the Executive Board to accept late registrations, the registration fee may be increased. Registration fees are set each year by the Executive Board and said fees are NON-refundable UNLESS there are not enough players to make a team or the refund is approved by a minimum of two Executive Board members. The Executive Board does not have the authority to refund CYC fees and is therefore unable to issue such refunds. Every effort will be made to make decisions regarding teams with the information received by the original registration deadlines set each year by the Executive Board. Late registrations, if accepted, may or may not affect how the teams are split.
- B. In addition to a sports registration fee, each family participating in a sport under the direction of OLLAA will be required to work a FAIR gate shift or a shift with whatever fundraising event

that may take the place of the FAIR shifts. In the event they are unable to work, they will be assessed a buyout fee. Said fees are set by the Executive Board and are subject to change from year to year. No athlete may practice until the buyout fee, if assessed, is paid.

- C. It is the expectation that parents will work assigned concession/gate shifts during the athletic season(s). In the event they are unable to work and do not find suitable replacements, a penalty fee may be assessed per missed shift and the athlete will be benched from participation in games until the fee has been paid. These fees are set by the Executive Board and are subject to change from year to year.
- D. All fees will be set by the Executive Board and will be made public at the time of registration each year. All fees collected shall be deposited in the OLLAA general fund. Fees shall be used for any purpose deemed necessary by the Executive Board.

ARTICLE XVII

Uniforms

Uniforms will be collected at the conclusion of the sports season. Any family returning a damaged uniform or failing to return a uniform may be assessed a reasonable cost of replacing the uniform. If the cost of replacing a uniform is assessed, the student will not be allowed to participate in practice or games, or any other OLLAA sport, until the fee is paid.

ARTICLE XVIII

Use of Property

All equipment owned and operated by OLLAA shall be locked and remain on premise unless otherwise authorized by the Executive Board. Events and functions, not benefiting OLLAA, will not be allowed use of concessions.

The OLL gym is only for use by OLL athletic teams. Except for Borgia High School or with the express permission of the Principal or Pastor, OLL will not rent or allow outside teams or organizations to use the gym.

ARTICLE XIX

Grievances and Appeals

- A. If after honest consideration, a parent believes that a coach is not following established OLLAA guidelines, is being genuinely unfair to a given player or players, or has any other legitimate complaint or concern, a grievance and appeal process may be utilized.
- B. Resolution of a specific concern regarding a coach, player, or other situation is best reached through communication between the coach and the player involved. If this is ineffective, the grievance and appeal procedure should be approached in the following order:
 - 1. Contact the coach.

2. Notify the Coordinator responsible for that sport.
3. Attend an athletic association meeting with the Executive Board.
4. Approach the Parish Council.

ARTICLE XX

Amendments

These by-laws, or any portions thereof, may be amended, repealed, and additional by-laws may be adopted by a majority vote of the Executive Board members present.

ARTICLE XXI

OLL ATHLETIC ASSOCIATION SCHOLARSHIP

- A. Two \$500.00 scholarships will be awarded.
- B. Applicants must be an 8th grade student of Our Lady of Lourdes Catholic School or PSR who will be a Freshman the upcoming school year at any Catholic High School.
- C. Applicant must have played basketball or volleyball at least one season during 5th thru 8th grade for OLL.
- D. Applicants should convey the positive and cooperative traits that would identify them as showing good sportsmanship on and off any court or field.
- E. Applicants should convey the positive and cooperative traits that would identify them as team players whether it be on the court or in the classroom, in their school, parish or community.
- F. The Principal along with the OLLAA Executive Board will coordinate the application process. Essays will be read by the OLLAA Executive Board. OLLAA Executive Board members that are related to an applicant will be excused from all discussions and votes regarding this scholarship.